

## **SELF-QUIZZING INSTRUCTIONS**

### **Why?**

Learning is simply a change in the long-term memory and self-quizzing is a hugely important part of your learning. We know the best way to make changes to the long-term memory is to self-quiz new and old content over time. By self-quizzing we will ensure you can remember the information for assessments; having a positive impact on your progress.

Self-quizzing is practising and re-using knowledge so that you know and remember more.

### **How?**

1. Find a quiet place to complete your self-quizzing away from distractions. This could be in the LRC.
2. Get your Self Quizzing Booklet and look to see what subject you are timetabled to self-quiz today.
3. Find the set of questions from the Quiz Question Booklet, which can be found on Class Charts, your year group Google Classroom or a paper copy in the LRC.
4. If, for example, it is Friday Week A, you will see you must complete your **History** self-quizzing.
5. Write question 1 here. You will write it exactly as it is written in your Quiz Question Booklet.

	Question	Answer
1		
2		

6. Once you have found the answer in the correct section, read it carefully!
7. Now write the answer to question 1 in your Self-Quizzing Booklet here.

## **USING YOUR KNOWLEDGE ORGANISERS**

### **Why?**

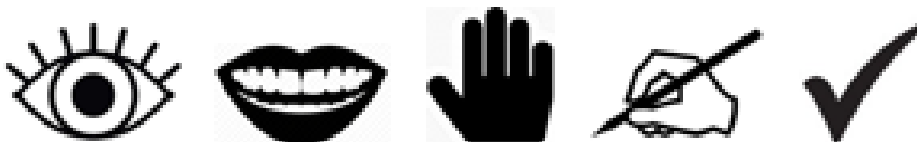
Your Knowledge Organisers provide you with the content that you need to recall from memory in order to improve and progress in all your subjects, especially for your assessments. It is also the content that you will be taught by your teachers.

### **How?**

1. Your Knowledge Organiser Booklet contains a contents page and you can use this to locate your subjects.
2. Do you want to take it a step further? You could try the following:  
Try to explain what you have just read / self-quizzed to someone in your home, it could even be your dog! This is called elaboration and is very helpful in making you remember things.
  - a) Ask someone to quiz you on the content.
  - b) Write a quiz on the content and test yourself.
  - c) Use Quizlet (online) to create your own quizzes and test yourself.

### **How to self-quiz in MFL**

### ***LOOK, SAY, COVER, WRITE, CHECK***



When self-quizzing in MFL, there is an additional 'layer of learning' that needs to happen before you are able to complete your quiz.

As you are learning a foreign language, you first need to learn the vocabulary before you are able to quiz yourself. This is very similar to when you first started learning English in primary school and had to practise your spellings by using the 'Look, Cover, Write, Check' method.

In MFL you will use the 'Look, Say, Cover, Write, Check' method in order to learn the sentences / key vocab from your knowledge organiser. You will then complete a memory recall test on a weekly basis in class.

If you would like support with your home learning please contact your class teacher:

Mrs Hughes – [ohughes@brakenhale.co.uk](mailto:ohughes@brakenhale.co.uk)

Miss Appleton – [dappleton@brakenhale.co.uk](mailto:dappleton@brakenhale.co.uk)

Mrs Peralta – [fperalta@brakenhale.co.uk](mailto:fperalta@brakenhale.co.uk)

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